

October 2022- December 2022 • Volume 98

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A Salute to the Pharma Cadilian Spirit



PLAY to
WIN

Together, Let's Win



From the Editor's Desk

Dear Cadilians,

2023 ushers in new a beginning, brings in hope for a better tomorrow knowing year 2022 ended in a glorious manner. As a practice, year 2022 ended with the Business Budget Meet whereby business operations were evaluated and planning was undertaken for the forth-coming year. The declarant is out - with the market bound to grow, we are highly aspirational and well-equipped. We are looking forward to FY2023 with vigor and determination, where our resolve is to build a roadmap to become the Crème de la Crème of the pharma ecosystem. And as we burn the midnight oil to achieve that, we must strive for an equilibrium in both codependent aspects (i.e.) business and internal processes, so that no amount of challenges can derail us.

To ensure that our organization can undergo this successful transformation, we have put together a team of leaders with a wealth of experience in leading change and transformation within the organization. We are confident that this would synergize us to emerge stronger, positioning us for success. Pharma Cadilians are a close-knit and welcoming bunch, who eagerly help the new joiners acclimatize, understand our core values, and contribute to its growth in many ways.

Further, in this issue of Cadilogue, our panel of authors (new joiners) intrigue you with excerpts from the Business Budget Meet, Stories of inspiration, sporting events, and achievers from different campuses. While the overall content remains the same, we have decided to rechristen it to suit the narrative. In the section, what makes Cadila Pharmaceuticals a great place to work, one of our very own Pharma Cadilian, shares light on what exactly made this global organization a great place to work, and in the literary section, our mascots of art and literature pour their hearts out with their poetry and lenses.

Come! Embark on a journey filled with momentous occasions. Come embrace Cadiverse...

Thank you!
Corporate Communications

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ANNUAL BUDGET MEET 2023



A pill can save lives, a pill offers hope, a pill brings joy to the incumbent and to his family, friends. The very discovery and existence of such a miracle, gives us goosebumps. Cadila Pharmaceuticals, a legacy brand which manufactures and markets affordable drugs is one such organization among a plethora of players (both domestic and foreign) who have bet big on the changing Indian healthcare requirements, keeping in mind our burgeoning population of 1.3 billion.

The Indian pharmaceutical industry is at the cusp of a transition, one that would see growth, considering

past performance of 10% YOY from 2019-2022. This continuous growth can be attributed to the ever-changing lifestyle of Indian population as well as gradual movement of large section of population from rural to urban cities. A lifestyle change has also brought about recurring and newer lifestyle disorders respectively which were unheard of a few years back. This phenomenon is going to continue in the near future as India is a young nation whose disposable income is witnessing a considerable rise.



Cover Story

Budget Meet

While the therapy areas remain same, the focus of major organizations including Cadila Pharmaceuticals has shifted towards Gastroentology, Diabetogy, Anti-Infective, Dermatology, Gynaecology & Cardiology. The battle lines across the therapy areas by various players have been drawn, the armory is ready, it's time to play and play hard; knowing that a lackluster effort shall only help us in deviating from our core philosophy of 'The Care Continues...'

Keeping the above context in mind, the theme for this year's Annual Budget Meet was collectively defined as **Play2Win**.

Play2Win

Annual Budget Meet; a meet to track progress, a meet to unfurl the strategy for the coming year, a meet to un-learn and learn was held in the city of Taj Mahal viz. Agra.

Annual Budget Meet, important as the name sounds was attended by Senior Leaders of the various Divisions, Leaders of various Departments as well as the frontline sales warriors pan India (Sales Managers & above).



Shri. Rajiv Modi (Chairman & MD) Cadila Pharmaceuticals Ltd.; also took time off from this his busy schedule to grace the meet and interact with the members present digitally.

“In his interaction with the seated audience, Shri. Rajiv Modi, welcomed all the Pharma Cadilians and thanked them for their hard-work and dedication for the year gone by. As his speech flowed smoothly, Shri. Modi crisply stated his vision viz. **'Bringing back the lost glory of Cadila'** and making **'Cadila Pharmaceuticals, a performance centric organization'**. He also stressed on the importance of finer aspects that shall enable his vision taking shape including regular meeting with customers, KOL's, conducting/ participating in various events, re-establishing the customer connect pan India and launching of more brands in the targeted therapeutic area. With leaders and their respective teams undertaking the above aspects, not only shall our heritage product brands grow but this will also make the legacy corporate brand, Cadila Pharmaceuticals stand out.”





The theme which was meant to set the tone for the next 3 (three) days was launched with a bang. A curated video was shown to the audience, featuring famous athletes across sports who have pushed their limits. Their resolve, perseverance, and hard work had not only helped their team to win but also win accolades for themselves. The sweet smell of winning was also displayed by their emotions as exhibited in the 2-minute-long video. Lastly, the curated video truly enthralled everyone and ignited a burning spirit among our frontline warriors.

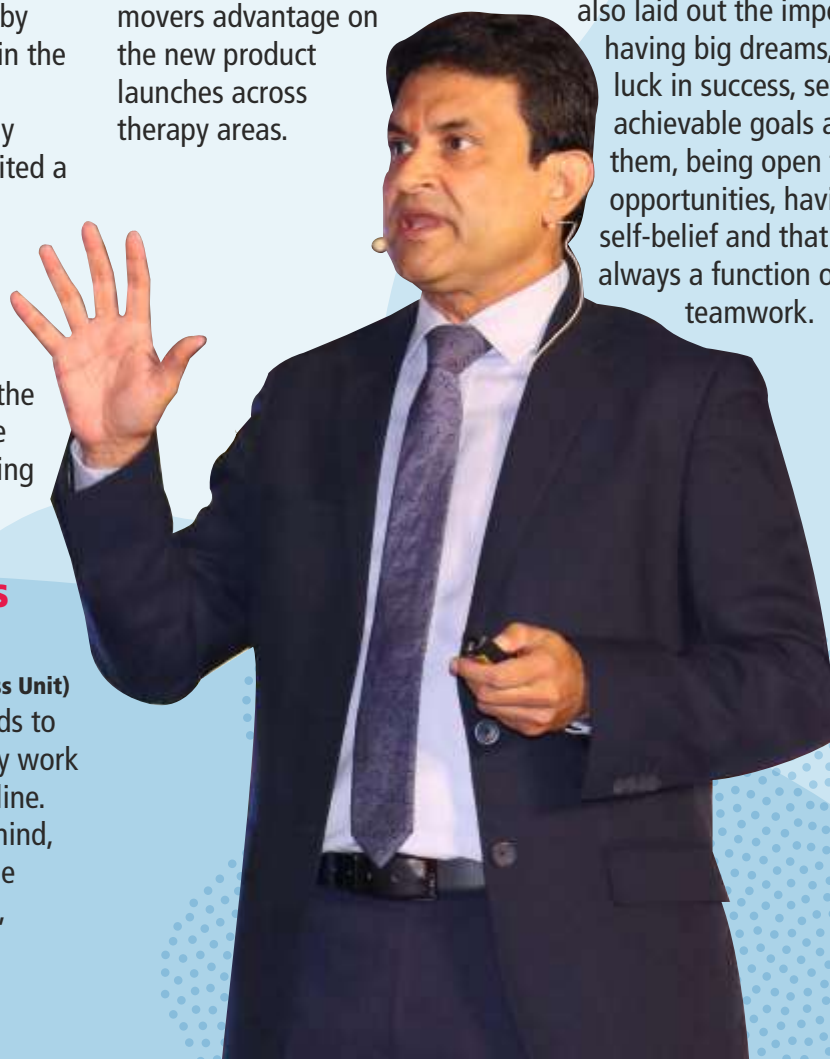
With the theme unveiled, it was time for our stalwarts across departments to take the center stage and present the business course for the coming year and the future.

Marketing & Sales

Mr. Jawed Zia

(CEO-Branded Strategic Business Unit)
Solution exists, one just needs to consistently and strategically work on set principles with discipline. Keeping this philosophy in mind, Mr. Jawed Zia, apart from the customary business updates,

stressed on the importance of portfolio balancing, building strong brands considering that large percentage of our business is contributed by selected heritage brands. He also highlighted the need to have stronger internal processes, a disciplined way of working, focus on customer relationships across channels, KOL's as well as reaping early movers advantage on the new product launches across therapy areas.



Mr. Girdhar Balwani (Independent Director)

The words 'Success' and 'Winning' has a lot of weight attached to it. Behind every success and winning, is a story of discipline, resolve, perseverance, etc. Experienced as he is, Mr. Balwani in his presentation 'Tenets of Success' highlighted that 'winning or 'losing' is a matter of human mindset. He also laid out the importance of having big dreams, the role of luck in success, setting achievable goals and executing them, being open to opportunities, having a strong self-belief and that winning is always a function of smooth teamwork.

Cover Story

Budget Meet

With the passing of time it was well established among the audience that 'Winning Consistently' is the new mantra. However, the 'HOW' was yet to be answered...

Mr. Suresh Gupta (President)

What makes a winner, what characteristics should a winner exhibit...

It is said that 'common sense is most uncommon' and Mr. Gupta, during his time on the dais talked about common aspects in our everyday life viz. responsibility, commitment, accepting a mistake without an excuse, and looking at possibilities that are the very characteristics a leader should exhibit. To make the interaction inspiring, he talked about challenged people who have become winners through self-determination and belief. He also emphasized the 5D's of a winning mindset and that winning is a

team effort, when achieved the emotions are long cherished and remembered.

Support Functions

Winning requires execution, and execution demands varied tools, just like soldiers in combat require arms and ammunition. In view of executing the overall theme Play2Win, various support functions which offer arms and ammunition thereby enabling our front-line warriors to win in the

battlefield also presented their strategies and offerings for the coming year. **The support functions included Strategy, Human Resources, Finance and New Product Development and Medical Affairs.**

This meet and interaction with the senior leaders including Shri. Rajiv Modi not only helped our front-line warriors to understand the overall mission of the organization but also helped them learn the various tools required to implement the same at



the grass-roots level. It now rests upon our front-line leaders and their respective teams to lead, take the market by storm thereby ensuring that **'The Care, Continues...'**

Closing the Annual Budget Meet were invaluable insights shared by external speaker Mr. Rajeev Dubey who talked about the various qualities required to be a Leader of Tomorrow, considering we are now living in the New Normal.



What makes Cadila a GPTW?

Responsibility, towards employees and the society in general has been a hallmark of Cadila Pharmaceuticals Ltd. Curating an employee friendly environment, which encourages Pharma Cadilians to thrive and thereby leading to enhanced productivity is one of the many values of this organization. Cadila Pharmaceuticals Ltd., one of India's oldest and respected multinational has always been a Great Place to Work.

Let's hear from Mr. Jignesh H Jobanputra (ISBU) an experience seeker explain why the House of Cadila is one of the revered employers?

Mr. Jignesh H Jobanputra (ISBU)



Thank you for the opportunity of being featured in this space! Before I chip in my perspective, allow me to

introduce myself. People fondly address me as Jigneshbhai. My corporate career spans over two decades with organizations like Abbott India, Zydus Healthcare, Koprana Ltd, and Cadila Pharmaceuticals (of course), and I have had the longest association with Cadila. Having seen a myriad of organizations, their cultures, and their philosophies, I can confidently say, that no other organization expands your horizons as Cadila does!

I began working with Cadila Pharmaceuticals Ltd. in the year 2015 and have had the good fortune to be considered for a varied position across divisions. I have worn many hats, starting from institutional business to managing the international markets for Cadila

today. Throughout my journey, I had a massive support system and I am very grateful for it. The HR team, for identified my skill set and placed me amongst the right set of people who further nurtured and groomed me into the professional that I am today. Many thanks to the management and my managers who fostered an environment that promotes innovation and spurs growth and my colleagues who were always supportive of my thought process.

"Having seen a myriad of organizations, their culture and their philosophies, I can confidently say, that no organization expands your horizons like Cadila does!"

Whether I was in charge of the COO's dream project, "IAMICON," revitalizing the "Magfam" division or the opportunity to launch the prestigious "Garvi Gujarat" project in the state, to being the Head of the Department of Evanext and eventually managing the international markets my fundamentals always remain constant to this day. I guess, that is what helped me climb up the ladder-

1. People Connect - I have developed a strong connection with people in general – business or not. I listened to and addressed their issues. As a result, I was able to build a network of professionals, who were always out there for me.

2. Right Person for the Right Job reduces Attrition – This may seem like a stretch but it holds in the long run and leads to a happier workspace with better outcomes and lesser attrition. I am grateful to the HR team, who viewed it as a

strength and helped in the process, notwithstanding my idiosyncrasy.

3. Right Doctor for the Right Product – There are no wrong products. Their potential can be realized only if they are endorsed by the right doctors. This ensures return on investment and helps in achieving targets.

"Real success comes from looking beyond what's defined and that is how you outgrow your previous self."

4. Connecting to the overarching Vision - If people have context, and are made aware of the expected outcome and the overall vision of a task assigned to them, they become innovative. Don't be superfluous though.

5. Empowerment - This is very crucial. You assign work factoring in all of the above and then let them be. Micromanagement is dangerous and can be counterproductive.

The process of my career progression was organic or let's just say that one thing led to another and the outcome coupled with good intentions forged a way for these qualities to develop. When HR recognized me and I made the departmental/division/role transitions, I did have initial inhibitions but the support extended by Pharma Cadilians made it possible.

I thank Cadila for entrusting me with such worthy responsibilities and believing in my abilities

Always Grateful
Jignesh Jobanputra



Know your Campus

Campus Infrastructure



A world class infrastructure, at Corporate Campus and at the various manufacturing facilities across locations is aimed at making the time spent of employees across locations smooth, hassle free and productive. While the corporate campus provides a gamut of facilities, our manufacturing facilities offer employees a safe, hygienic and healthy working environment.

Employees across functions segregated by virtue of concrete blocks connect with each other at the 200+ seater food court, fondly called as Thali. Here, employees can enjoy finger licking food while engaging in healthy conversations. For individuals who primarily use their right brain, 'shades' under ample greenery comes to the rescue. For the sports enthusiast and fitness freak; sports courts, swimming pool and a well-equipped gymnasium acts as a stress buster.



Departments which make the organization move are housed under brick clad buildings named after powerful kings and regions of ancient India.

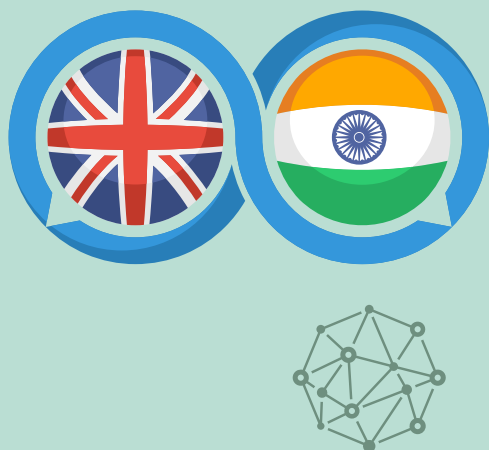
Building Name	Ground Floor	1st Floor	2nd Floor
Janak	Corporate Communications	Procurement	NA
Shivaji	Taxation & Salary	BSBU***	NA
Ashoka	Project Finance & Other Depts.	ISBU*	ISBU
Vikramaditya	Finance CSBU**	NA	
Chandragupt	Collaboration	Legal	Projects
Ranapratap	Purchase	Human Resources	NA
Magadha	Marketing	Information Technology & Marketing	Marketing

*ISBU – International Strategic Business Unit
 **CSBU – Chemical Strategic Business Unit
 ***BSBU – Branded Strategic Business Unit



The quest to make medicines affordable and available across the globe had lead Cadila Pharmaceuticals to expand horizons and have its presence across major markets of the world. Expansion across geographies is a continuous process and the pharmaceutical major remains steadfast in the underlying philosophy as was laid by Shri. I.A. Modi.

Our international operations in the past few months has seen robust activities - in terms opening of new channel in Europe, product introductions in new markets, business expansion in the existing markets as well as entry into newer markets.



New Channel Development in Europe

With a focus to be at arm's length from end consumers, Cadila Pharmaceuticals has re-invented its go-to-market strategy and shall now directly interact with the pharmacists. This shall not only increase penetration levels but also enable pharmacists to stock quality medicines at affordable prices. To evaluate the effectiveness of the above strategy, Cadila Pharmaceuticals shall first be targeting the pharmacists in United Kingdom (UK) followed by other markets of Europe. To up the offerings to pharmacists, Cadila Pharmaceuticals shall also be introducing herbal range of medicines in UK followed by other European markets.



Launch of Rabeloc IV in Philippines

Rabeloc IV, an innovator and power brand for treating gastrointestinal conditions as a proton pump inhibitor (PPI) has been introduced in the Philippines in collaboration with our business partner Biocare Lifesciences Inc. With this introduction, the shade of Rabeloc IV extends across multiple countries. Rabeloc IV which is superior to other PPI's (backed by clinical studies) was launched at the 25th PCP Convention in the presence of Dr. Jose D. Sollano Jr who discussed clinical practices and usage of Rabeprazole (Rabeloc IV) in current practice.

International News

Spreading Wings across the Globe

Team
#CPHI
Frankfurt



Participation at CPHI Worldwide

New business development across regions forms a crucial part of international business expansion. In view of this, Cadila Pharmaceuticals, had participated in Convention of Pharmaceutical Ingredients (CPHI) Worldwide in Frankfurt, Germany. CPHI Worldwide is the go to platform for global pharmaceutical manufacturers to showcase their offerings among buyers who arrive from various parts of the globe. Our presence, supported by quality offerings at right cost drew tremendous response from the visitors. Here, we not only made new alliances but also renewed existing ones.

Developing Business Relationships

In our endeavor to diversify the umbrella of 'Care' in Uzbekistan and Russia, representatives from the pharma major had fruitful discussions with key Government personnel of respective nations; details of which are highlighted below –

- Our Corporate Affairs team met with his excellency, Mr. Dilshod Akhatov, Ambassador of the Republic of Uzbekistan to India and Mr. Imom, Trade Commissioner of Uzbekistan Embassy. The meeting with the esteemed guests centered around business expansion in Uzbekistan. Further, Mr. Raj Prakash Vyas, President – Corporate Affairs also discussed about setting up the first pharmaceutical formulation manufacturing plant at Andijan Region of Uzbekistan along with a review of the end-to-end approval processes and the possibility of fast tracking them.
- The team also met with Hon'ble Mr. Andrey Yurievich Belyaninov, Secretary General, Eurasian Peoples' Assembly, Russia to discuss about business diversification in Russia. Cadila Pharmaceuticals formally presented a Letter of Intent (LOI) highlighting its resolve and commitment.

Launch of Cadiphen H (Lozenges) in Zambia

Zambia, a big nation with a population of 1.95 Cr (2021) gets Cadiphen H (in Lozenges format) a medicine, which eases chest congestion, common cold and cough. This launch has empowered the south central African nation to roar and make its voice heard.



World Vitamin D Day

Indians in general have a low Vitamin D level in their body. Cadila Pharmaceuticals, the manufacturers of Calcirol, organized informative sessions with leading Doctors across the country to raise the awareness towards the importance of right amount of Vitamin D levels in human body. Team Magfam also organized Vitamin D tests for employees followed by awareness workshop by a leading physician Dr. B.K Abhichandani.



News Capsules

Interactive Sessions

Participation in Prochemist Trade Fair

Newgen-Nuvision (the division which markets generic drugs) participated in Prochemist Trade Fair which was organized in Pune. The trade fair saw more than 1000 retailers, a critical member in our channel structure participate and visit our Stall. During the interaction, our team explained the various offerings which is essential to push the various brands.

Indo Oncology Summit, Bhubaneshwar

At the Indo Oncology Summit in association with Templecity Onco Club, Bhubaneshwar, Mr. Bakulesh Khamar, Executive Director (Research), Cadila Pharmaceuticals Ltd., presented a scientific session titled 'Emerging Evidence of Immuno Modulators Lung Cancer (Mycidac-C)'. The session which was also attended by Mr. Biswarupa (ABM) and Mr. Ujjwal Parekh (Marketing Head - Oncology), received a thundering appreciation from leading Oncologists present from across India.



News Capsules

Interactive Sessions

Industrial Visit by Indrashil University Students

As part of the academic curriculum, students from the Dept. of Computer Science & Engineering visited Tops Technologies, Ahmedabad and had a fruitful interaction with the organization representatives. Their interaction was directed towards understanding the various start-up opportunities in the field of Computer Science and Engineering. Curious minds also got an exposure in the manner corporate houses work, how the industry and market is shaping up etc.



Recognition at CII Session

The Gujarat wing of Confederation of Indian Industries (CII) organized an interactive session in the manner Industry and Government can

collaborate to support and strengthen start-ups and how digitization can help in the overall economic development of the country. The session was presided by Shri Rajeev Chandrasekhar, Hon'ble Minister of State for Skill Development and Entrepreneurship and for Electronics and Information Technology and Mr. Hiranmay Mahanta, CEO of I-Hub, Gujarat Government. During the session, Cadila Pharmaceuticals received immense support, appreciation and recognition towards its contribution for I-Hub start-up initiative.



A Vision Bears Fruit

The Pronto Consult Consumer Awards which aims at recognizing excellence in healthcare awarded brand **Esiloc** with 'Champion of the Year' under the category of new introductions. Mr. Abhinav Sharma - Marketing Head, Magfam received the award and thanked Doctors and patients for developing unprecedented trust and faith in the brand in just 18 months, since launch.

Inspired by nature, reinforced by science



In a world where we are constantly bombarded with synthetic chemicals and processed foods, it is refreshing to know that there is an alternative form of medicine that is completely natural and has been around for centuries. Ayurveda is a comprehensive system of medicine that has its roots in ancient India. The word Ayurveda comes from the Sanskrit words "ayus" and "veda," which mean "life" and "knowledge," respectively. Ayurveda is based on the belief that all beings are made up of five elements: air, water, fire, earth, and space. Each element is associated with a certain type of energy, and these energies are in constant flux. Ayurveda strives to maintain balance within the body by using dietary and lifestyle recommendations, as well as natural herbs and remedies.

In Hindu history, Ayurveda is credited to Dhanvantari, the 'Gods' physician, who learned it from Brahma, one of the Trinity. A section of Atharvaveda contains its earliest concepts. Many academics believe that Ayurveda is the earliest kind of medicine. Ayurveda translates as "The Science of Life" in Sanskrit and has its roots in India dating back more than 5,000 years!

For 71 years, Cadila Pharmaceuticals has been paving the way with science and innovations that address the unmet medical requirements of the healthcare sector. With the aim to serve the population that

believes in the element of traditional healing, we ventured into an Ayurveda medicine arm with establishment of our division **CHEZGREEN** that offers high quality formulation to the community. Chezgreen division of Cadila, founded in 2016, currently houses 53 SKUs and 39 brands under its product umbrella. All of the goods are produced at Their interaction was directed towards understanding, which is cGMP-certified to produce Ayurveda products. High-quality raw materials are used in the manufacturing process, and they are all obtained from the same source to ensure uniformity & consistency. The manufacturing facility is equipped with innovative technologies like **SMEDDS** (self-micro emulsifying drug delivery system) which breaks down the material into nanoparticles for better binding & absorption. Additionally, AWOE technology enables maximum extraction, avoids degradation of active ingredients & optimum absorption. The entire manufacturing process is automated. All the products are preservative-free with zero / minimal side effects. Our Ayurveda products are currently available pan India with footsteps in international markets also. We offer solutions in the therapies like oral care, skin care, gastro care, musculoskeletal care, hair care, liver care capturing the market share step by step.

What lies for us in the future?

Looking forward, the Indian traditional medicine market is projected to reach INR 1,536.9 billion by 2027, exhibiting a CAGR of

19.78% during 2022-2027. A key factor driving the Indian Ayurveda products market is increasing popularity of natural and organic medicines and their benefits among the consumers. Factors such as rising health concerns and awareness on the side-effects of western medicines is further driving the consumer preference for Ayurveda products in the country.

To encapsulate this generous market & growth opportunity, Chezgreen division is putting continuous rigorous effort in R & D and new product development. In just nearby future we will add many new feathers to our cap by introducing products in therapies like weight management, anti-hypertensive, anti-stress, baby care, anti-dengue & urinary tract infections. The division plans to capture the market with a 360-degree approach ensuring the right product mix of over-the-counter drugs and prescription drugs hooking the shelf space in modern trade, e-commerce & hospitals.

With a firm vision and commitment of serving the community with best quality Ayurveda products, Chezgreen division is walking the right path taking us one step closer to a healthier and happier society.



Brand Bazaar

Supraplase

Supraplase Tenecteplase 40 mg Injection, the Superior t-PA is the "clot buster" brand from Cadila House, which promises to provide responsive patient care in cardiac emergencies. Supraplase, since introduction in 2022 has been reaching to various parts of India to add new life to the patient's well-being. Thrombolytic drugs or "clot busters" are plasminogen activators that initiate thrombolysis, which leads to restoration of coronary blood flow limits infarct size and improves heart function and survival.

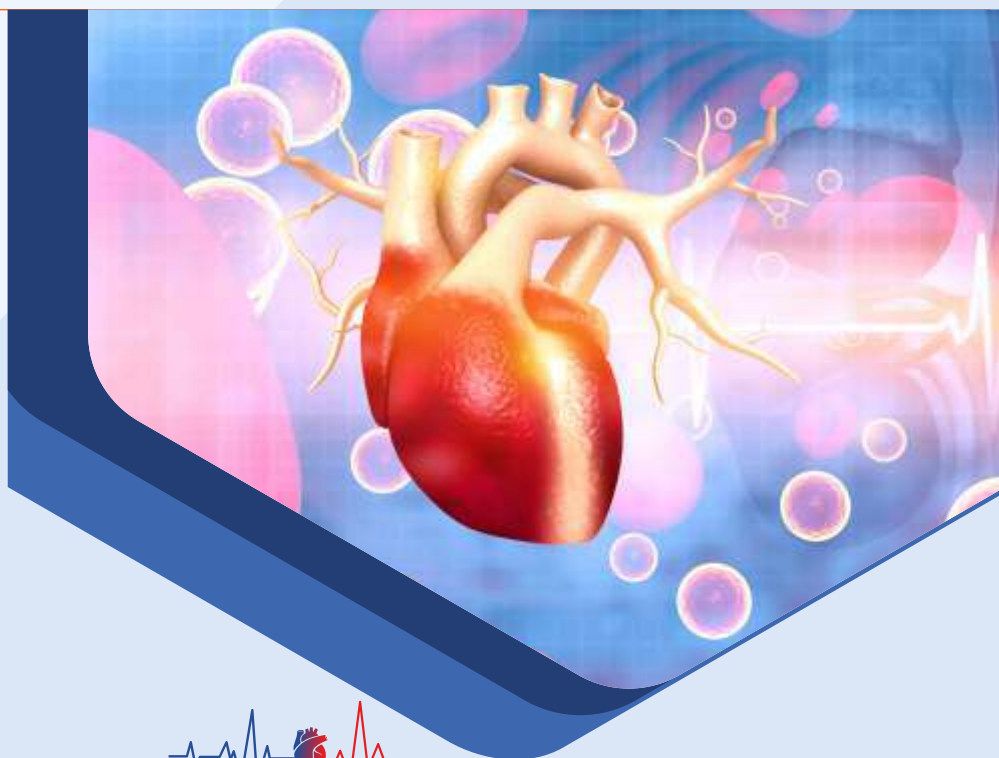
About the Brand

Launched in 2022, Supraplase with Tenecteplase 40 mg injection, the Superior t-PA has been providing strong support as a medication for Non-ST Elevation Myocardial Infarction (NSTEMI) i.e. heart attack patients. Supraplase administered as an intravenous bolus without the need for a 1-hour infusion unlike other fibrinolytic agents, makes it superior choice for rapid treatment in thrombolysis.

The brand is valued at Rs 3 Crs since launch in Voltacare Critical Care portfolio and has been adding value in 28.3Crs Tenecteplase injection market.

Uses and Importance

Myocardial Infarction (Heart Attack) lead to numerous hospital admissions each year and is a leading cause of death. Antithrombotic therapies are a cornerstone in the immediate and long-term management in reducing the risk of myocardial infarction (MI) and death in both medically and invasively managed patients.



Primary PCI is the gold standard of reperfusion treatment for ST Elevation Myocardial Infarction (STEMI) cases if conducted in less than 120 minutes. In absence of such situation, thrombolysis is to be performed with a thrombolytic agent as soon as possible within 10 min from STEMI diagnosis. Post-administration, the patient is transferred to PCI-capable centre for subsequent therapy. In India, the median time from onset of symptoms to hospital arrival is 300 minutes in patients with STEMI. Only 5% of them utilize ambulances with majority utilizing private transportation to reach hospitals, leading to delay causing patient death. In such conditions, thrombolysis with t-PA is the first choice by medical practitioners to increase patient's survival chances. Supraplase with Tenecteplase (TNKase) is the first thrombolytic that can be administered over five

seconds in a single dose, offering fastest administration of a thrombolytic agent. With the onset of Myocardial Infarction symptoms i.e. chest pain or discomfort; shortness of breath; pain or discomfort in the jaw, neck, back, arm, or shoulder. Supraplase with Tenecteplase 40 mg injection is administered.

Effectiveness and Efficacy

Supraplase with Tenecteplase (TNKase) is the first thrombolytic that can be administered over five seconds in a single dose, offering fastest administration of a thrombolytic to date in the treatment of STEMI. TNKase in Supraplase is a bioengineered variant of Alteplase, which is a recombinant DNA-derived version of naturally occurring tissue plasminogen activator (t-PA). TNKase is constructed with amino acid substitutions at three sites (the letters T, N and K represent the three regions changed from the natural t-PA protein).

Tenecteplase has high fibrin specificity as compared to Alteplase and Reteplase i.e the earlier t-PA variants leading to reduced cerebral bleeding risk when used to treat STEMI cases.

Among the t-PA generations, Tenecteplase in Supraplase is the latest generation t-PA offering its benefits for extended treatment period due to longer half life as compared to others.

Supraplase is administered on basis of body weight with minimal drug interactions with co-therapies.

About NSTEMI

A quarter of all deaths in India are attributed to cardiovascular disease (CVD) and MI/heart attack is the most common acute coronary syndrome presentation with a significant delay in seeking health support, only half of them received thrombolysis.

A non-ST-elevation myocardial infarction is a type of heart attack that happens when a part of your heart fails to receive oxygen. Unlike an ST-elevation myocardial infarction (STEMI heart attack), NSTEMI doesn't cause a very specific, recognizable change to heart's electrical activity, thus is life-threatening medical emergency and needs care immediately.

The symptoms include chest pain (angina), feeling short of breath, stomach discomfort or pain (may feel like indigestion or heartburn). heart palpitations (the unpleasant feeling of own heartbeat), feeling lightheaded, dizzy or passing out.

Increased cholesterol, coronary embolism i.e blood clot stuck in heart arteries, spasm in muscle lining of the arteries of heart are the direct causes; whereas hypertension, narrowing of aortic valves, fast heart rate are the indirect causes.

Without a steady supply of blood, a complication called ischemia occurs leading to death of heart muscle. Unlike other muscles, your heart muscle can't regenerate or regrow. That means the damage will be permanent without quick restoration of blood flow.

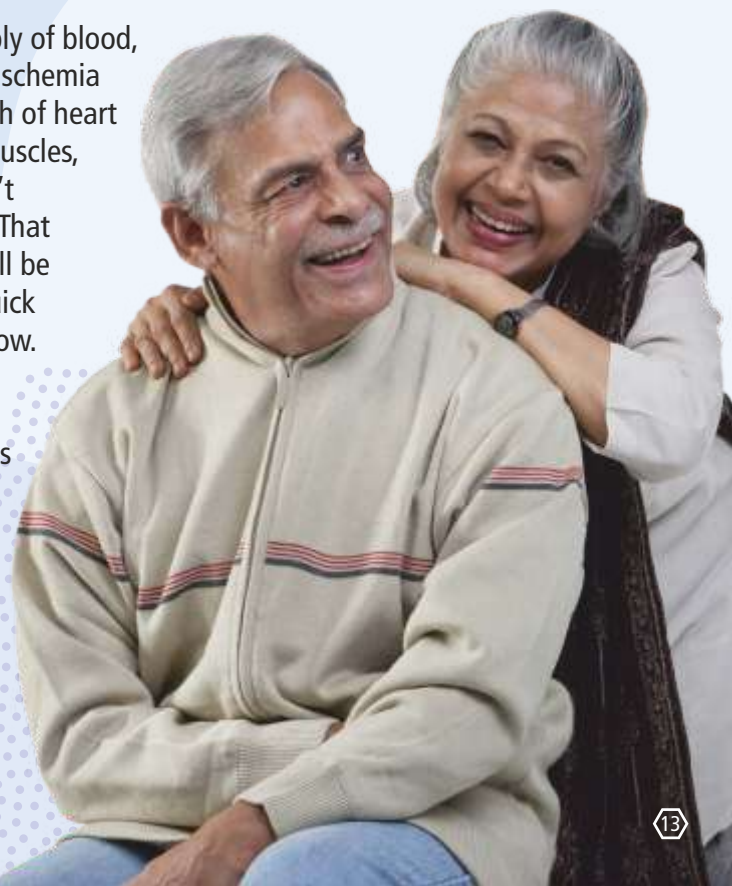
Per cutaneous intervention (PCI), Coronary Artery Bypass Graft (CABG) and Medications are the treatment approaches to avoid NSTEMI in patients.

Maintaining a healthy weight, eating a balanced diet, staying

physically active (at least 150 minutes per week of moderate-intensity exercise) as well as managing previously detected health conditions always remain helpful in preventing a heart attack.

Vital Stats

Parent Brand	Supraplase
Molecule	Tenecteplase 40 mg Injection
Family	The drug is currently available in the market as Supraplase 40 mg Injectable
Composition	Tenecteplase (Lyophilized Powder Vial in Kit)
Form	Injectable
Brand Positioning	The Superior t-PA
Indication	In STEMI Patients
Target Audience	Cardiologist, Interventional Cardiologists
Claim to Fame	The Superior t-PA administered over 5-10 seconds in single dose with reduced risk of bleeding complications in STEMI treatment



Use of Ranitidine in Acidity & associated Lifestyle disorders



Dr. V.G. Mohan

M.D., D.M.(Gastro), FRCP(E), FCCP, FSGE, FICP, FASGE
Gastroenterologist, Hepatologist
Founder & Chairman, VGM Gastro Centre, Coimbatore

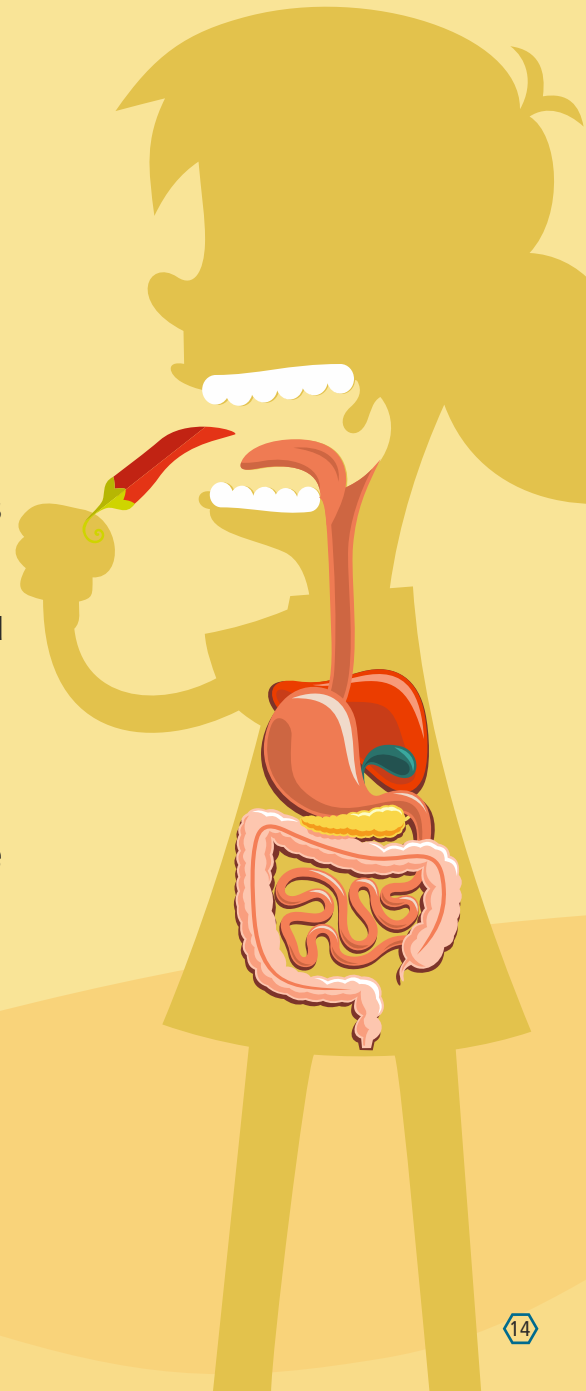
In today's day & age, where dietary choices are poor, and aren't met, sleep deprivation is common, there is little to no exercise and stress accompanies you from your personal space to your office and beyond, Acidity and associated lifestyle disorders shouldn't come as a surprise!

We've all had Acid Reflux or Acidity at some point in our lives, but have you ever considered what happens during an Acid Reflux or Acidity?

Acidity is a condition in which the stomach secretes too much acid, which travels up the oesophagus and causes the unpleasant chest pain we refer to as a "Heartburn." But why does the stomach produce excessive amounts of acid, and where does it come from? Well, there are several causes but the one within our control is our Lifestyle. Lifestyle changes, in my opinion, should be the first line of treatment for acidity and related problems. Otherwise, the pain and suffering may be relieved temporarily by medication, but they will return, rendering the medication ineffective. Acidity can be a painful experience in itself and its severity differs based on how an individual

manages it. If it worsens, it becomes Gastroesophageal Reflux Disease (GERD). In GERD, the backflow of stomach acid occurs chronically i.e. repeatedly flows back into the tube connecting your mouth and stomach (esophagus). This backwash (acid reflux) can irritate the lining of your esophagus and causes damage to the body over time.

Today, a variety of conventional and alternative medical therapies are prescribed or even self-prescribed for the treatment of GERD and acid reflux. Within conventional medicine and particularly within Allopathy, it is common to prescribe antacids, proton pump inhibitors (PPIs), and H2 blockers, or their combination in some format. Most of the times, people are not aware of the differences between an Antacid, PPI and an H2 Blocker. Even though they work on a common set of problems, are usually taken together, they are remarkably different -





Acid is Good *Acidity is Bad*

Antacids –

Antacids work by neutralizing the acid in your stomach and by stopping an enzyme that creates acid to break down food for digestion. Antacids relieve occasional heartburn by neutralizing the acid content in the stomach and esophagus. Sodium Bicarbonate is an Antacid.

PPIs – PPIs or Proton Pump Inhibitors work by shutting down the proton pumps in parietal cells (acid-secreting cell of the stomach wall) and preventing the acid from being secreted into the stomach. Proton-pump inhibitors are a class of medications that cause a profound and prolonged reduction of stomach acid production. Omeprazole is a PPI.

H2 Blockers – Also called Acid Reducers or Histamine H2-receptor antagonists, they work by blocking the histamine

receptors in parietal cells (acid-secreting cell of the stomach wall). There are other stimuli so that some acid is still produced. A classic example of an H2 Blockers is Ranitidine.

In the past, there had been some false rumors regarding Ranitidine's safety and efficacy as a molecule. Some ruled out that N-Nitrosodimethylamine (NDMA) contaminant was high and hence the molecule was carcinogenic however the myth was bunked very recently by USFDA.

In my years of experience, I have found Ranitidine to be remarkably safe, economic and efficacious in certain subset of patients with Nocturnal Acid Breakthrough (NAB). It is the presence of intragastric pH < 4 during the overnight period for at least 60 continuous minutes in patients

taking a proton-pump inhibitor (PPI).

In general, few lifestyle changes can make a sea of difference in patients with Acidity, GERD & NAB –

I have seen in my years of experience that PPIs do not address NAB. Even twice-a-day PPI therapy may not provide sufficient suppression of gastric acid secretion during the night.

However, a night time H2RA – ranitidine – to the patient's treatment regimen to address NAB shows marked improvement in a short span of time. Ranitidine works by blocks acid production at the gastric parietal cells and its dosage especially at night time leads to marked improvement in patients.

At the same time, it is also important to maintain certain stomach acid levels as it is a prerequisite to proper digestion. Low stomach acid also leaves the body vulnerable to infection. Therefore, nutrients such as iron, zinc and B vitamins are essential for maintaining stomach acid levels.



Time to take a break from those acidity bouts!





मेहनत का फल

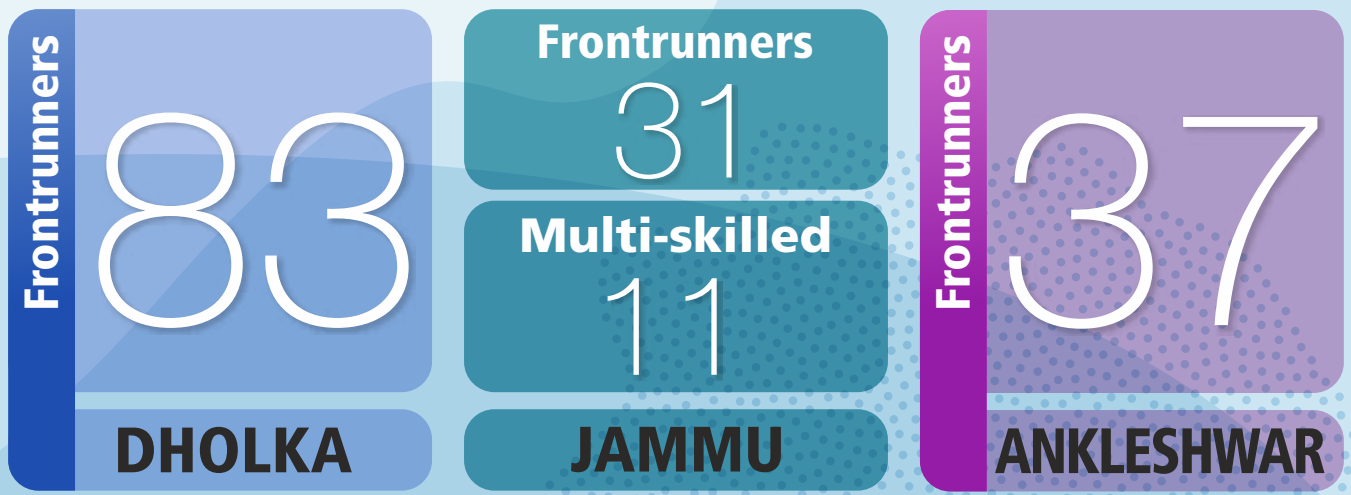


Appreciation and recognition is the innate need of every human being irrespective of age, sex and type of work. Satisfying this need is crucial, as it not only motivates the employees at our manufacturing facilities to push their limits but also help in uplifting their self-esteem and self-growth.

Cadila Pharmaceuticals in cognizance of satisfying this need regularly organizes 'Mehnat Ka Phal' ceremony across the manufacturing locations in **Dholka, Jammu and Ankleshwar** where individual and team efforts are saluted thereby adding onto the camaraderie established within the teams.

This monthly ceremony is graced by departmental leaders who not only show their appreciation by giving a pat on the back of the incumbent but also present them with an award for completing the job on time and with integrity.

Iconic Achievers Award



Champions Space

Mehnat Ka Phal

Iconic Achievers Award - Best Project team

October '22

ADL along with FDL team
CRO along with Bio-analytical team
CPL along with Bio-technology team
CSBU along with ADL team

November '22

F&D Team
CSBU R&D team

November '22

Individuals from SCM, Stores & QC

DHOLKA

ANKLESHWAR



Iconic Achievers Award - Super Factory

DHOLKA

Oct & Nov '22
rDNA

Dec '22
Herbal

JAMMU

Oct '22
Factory C
(Tablet Manufacturing)

Nov '22
Factory E
(Tablet Manufacturing)

ANKLESHWAR

Oct '22
MPP IV
Nov '22
MPP IV

Oct '22
MPP II



Champion of the Month

Amongst the front-line warriors and support staff across divisions, selected employees receive recognition for their consistent hard work and perseverance by conferring them the tile of Champion of the Month. This recognition not only motivates the deserving employee to push harder but also helps in developing a competitive spirit amongst the team.

Our Unsung Champions

A job is a job, and Cadila Pharmaceuticals, the employer treats every employee irrespective of the job he/ she partakes with utmost respect. Jobs like housekeeping, services of cafeteria, gardening etc may look small but has a tremendous impact towards developing a positive and healthy emotional and mental state of Pharma Cadilians. Cadilogue,

honors the above services and gives salute to every individual who partakes these services every single day without any qualms. Cadilogue, prides itself in listing the individuals who have given exceptional experience to multiple stakeholders in the past quarter across locations and fondly name these unsung heroes as Champions.

	Bhat	Indrashil University	Kadi
Housekeeping	Mr. Lalit Rathod & Mr. Joru K Chawada	Mr. Suresh Parmar	Mr. Jayesh Valmiki
Hospitality	Mr. Govind Singh	NA	NA

Champion of the Month

Front-line Warriors across Divisions (Oct – Nov'22):



Field Officers



Area Business Managers



Business Managers

Support Staff across Divisions (Oct – Nov'22):



Sales Managers



Asst. General Manager



From Sales



From Marketing



From other Support Functions



Sports & games have always been an integral part of Cadila's culture. We believe that sports allow us to be creative and put our mental, physical, and emotional strength to the test in ways that no other aspect of life can. They help us develop skills and explore aspects of our personality we never knew existed, making us more self-aware and disciplined. Sports armor us with better problem-solving skills, an ability to communicate better, and a competitive spirit that lays the foundation for many great things including a successful professional career. Yes, you read that right! According to research, employees who engage in any team sport on a regular/routine basis are more likely to grow in their careers.

INTER DEPARTMENT CRICKET LEAGUE



To keep this spirit alive in Cadilians, we launched IDL - Inter-department cricket league this year. Season 1 of IDL was played on 3rd August 2022 at Bhat. The grand IDL witnessed

- 🔴 120 players from 8 departmental teams
- 🔴 16 amazing matches
- 🔴 3 special matches



The final was played between the Domestic business team and the International business team, wherein the Domestic business team took the IDL trophy home, along with nine other awardees in various categories.



- 🔴 Player of the series – Ms. Nirali Shukla, team ISBU Achievers
- 🔴 Player of the match (finals) – Mr. Niraj Shukla, BSBU Rockstars
- 🔴 Most wickets Male – Mr. Chiraj Mistry & Kunj Kansara, BSBU Rockstar & Fincad
- 🔴 Most wickets Female – Ms. Vidhi Kumar, BSBU Rockstars
- 🔴 Most runs Male – Mr. Niraj Shukla, BSBU Rockstars
- 🔴 Most runs Female – Ms. Nirali Shukla & Ms. Paawani Tuteja, ISBU Achievers
- 🔴 Best catch Male – Mr. Mukund Patel, BSBU Rockstars
- 🔴 Best catch Female – Ms. Sonal Solanki, Fincad



A Voice to Human Creativity

Literary & Photography Section



We have often heard people mentioning, 'Life is Colorful', but what makes a human life colorful. The answer lies in pursuing a passion, which can also be in the field of Literature and Arts along with other genres. Literature and Arts offer human beings a sense of liberation in modern day's claustrophobic surroundings. They pursue their passion silently and religiously without craving for recognition, applause and publicity. Yet, a small recognition as a tribute to their inherent talent only gears them to bring out their best. In view of this, this edition of Cadilogue, aims to salute the Pharma Cadilians for their ingenuity and dedication towards works of Art and Literature under categories including –

| Kavi Ki Kalpanaye

| Shakespearian at Heart

| Photography



Kavi Ki Kalpanaye

- Mr. Kamal Pargai

Deputy Manager
CPLB, R&D

मेरा कैडिला एक पहचान

मेरा कैडिला मेरी पहचान है, इसके साथ जुड़कर रहूँ इसमें मेरी शान है एक बार यह आकार जो इसके अनुकूल हो जाए, फिर निष्ठां और ईमानदारी से कर्म करने वाले व्यक्ति का यहाँ सम्मान है

ज्यादा पास तो नहीं शहर से कुछ मील दूर है, पर अपनी कार्य प्रणाली के लिए मेरा कैडिला मशहूर है

जहां सुरक्षा कर्मी कितनी लगन से अपना काम निभाते है वही भोजनालय कर्मचारी कितनी शालीनता से सबको भोजन करवाते है

परिसर पर बसा सदियों से ये मन्दिर जहां सुबह शाम मानसिक सुख और शांति प्रदान करता है वही अलग अलग उद्देश्य के लिए बने यहाँ हर एक भवन विज्ञानं और तकनीकी में भी अपने योगदान को दर्शाता है

मनोरंजन तो नहीं पर ताल के बीच में ये फव्वारा मनमोहक सा लगता है और हर विभाग के सामने लगी वो फुलवारी जो हमारे मानसिक तनाव को काफी हद तक कम करता है

अनुशासन तो यहाँ है ही इसके अलावा भी यहाँ बहुत कुछ सिखाया जाता है अगर सीखने में कोई समस्या हो तो उसे हल किया जाता है मेरा कैडिला तो लोगो की परख भी करता है

तभी तो मेहनत से काम करने वाले को यहाँ मेहनत का फल भी मिलता है

Shakespearian at Heart

The STORY of a LAWYER

With a Black and White life, we are infact very colourful in terms of spontaneity, humour and sarcasm!

With life being totally messed up to always being on our toes, we manage the strange timelines which are met with Grace...

With court proceedings to tribunal hearings, backed by a great amount of effort & hardwork, we believe in Perfection...

With managing our personal and professional life, some are able to pass through while the others fumble to balance!

With every inch of success, be it small or big, there is always a sense of contentment and pride that we carry!

With being attorneys to counsels to in-house to legal reporter, we manage to fit into all facets possible...

Maybe that's why it is in fact considered as one of the sacred PROFESSIONS...



Ms. Pathmaja Raghunathan
Manager – Legal

A Voice to Human Creativity

Literary & Photography Section



Photography



Ms. Madhavi Sawant (Business Strategy, Bhat) - Jahaj Mahal



Mr. Dilip Chauhan (CSR, Dholka) – Sunset Stories



Ms. Pooja Thakkar (Taxation, Bhat) - Sea'n'Sand



Mr. Maulik Jaani (Finance, Bhat) - Bank of Narmada



Mr. Shubhara Pillai (ISBU, Bhat) – Rani Ki Vav



Mr. Mietesh Miraani (Finance, Bhat) – Thol, Artificial Lake

Campus Buzz

Light Tea Sessions

High Tea Sessions

The concoction of informal sessions in a formal setting, adds color to the environment and overall employee experience. Periodically, Pharma Cadilians across all locations get a chance to interact with the Senior Leaders of the organization over **High Tea**. These candid talks are aimed at knowing employees, making them feel comfortable, bridging the gap between employees through sharing of experiences of personal growth etc.



Campuses	Sessions with Senior Leaders
Dholka	Mr. Shiv Kumar Mishra (VC – Quality Control)
Samba	Mr. Anuj Kumar Gupta (Head – Human Resources)
Samba	Mr. Manoj Thakur (DGM – Human Resources)

Town Hall Sessions

External Training about implementation of ISO Standards



Certifications from Indian Standards Organization (ISO) bring authenticity, credibility to the various processes and helps in building the goodwill of the overall organization. Keeping in view of this, EHS team at the Dholka manufacturing facility, organized an external training on ISO 14001:2015 & ISO 45001:2018. These informative training sessions helped the participants to understand the importance of IMS standards and their respective roles to maintain the same.

Employees of the packing team in Samba had an interactive session with the manufacturing facility's senior leaders represented by Mr. Sunil Kumar Choudhary - Plant Head, Mr. Anuj Gupta – Head (HR), Mr. Vinay Sharma – Head (Quality), Mr. V. S. Sambyal – Head (Engg.), Mr. Satish Shah – Head (Production), Mr. Manoj Chaurasia - DGM (Production) and Mr. Romesh Chander – Manager (HR). The session revolved around fruitful discussions on critical topics centered around overall

production (i.e.) Shift-wise Working, Productivity Enhancement, Quality Improvement, cGMP Adherence etc.

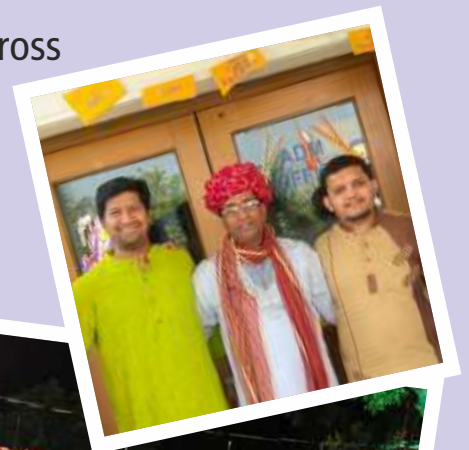
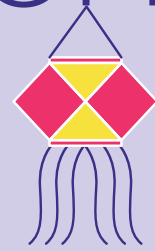
The Quality Control team at Dholka manufacturing facility had an interactive session with the senior leaders from the Quality Control department represented by Dr. Manish Kumar Joint-President and Mr. Shiv Prasad Mishra - Vice President. Healthy discussions centered around various operational aspects of the facility formed an integral part of the session.



Celebrations



Celebrations bring people closer across Caste, Creed and Races. Celebrations should be lived and experienced and not just marked in Red in the monthly calendar. In view of this philosophy, Pharma Cadilians across locations celebrated multiple important occasions...



Campus Buzz

Celebrations

Navratri

The victory of good over evil was celebrated with fervor at Cadila Pharmaceuticals. While celebrations over the past two years was dented due to COVID, this year saw Pharma Cadilians celebrate the occasion with renewed zest and vigor. To encourage participation from everyone, Garba workshop was organized 10 (ten) days prior to the event date. The festivities started with Dr. Rajiv Modi, Chairman and Managing Director, Cadila Pharmaceuticals Ltd., along with other members of the Board offering prayers to the goddess. This was followed by a cultural extravaganza, which saw Pharma Cadilians decked in colorful outfits perform Garba to the beats of foot tapping music with their family members and friends. Photo bombers looking to make a memory of the lifetime took selfies at the various selfie booths placed at designated locations. The fun-filled evening of festivities concluded with best Garba performers being awarded recognition under categories including -

- Best Dance – Male & Female
- Best Dress – Male & Female
- Best Innovative Dance





Campus Buzz

Celebrations



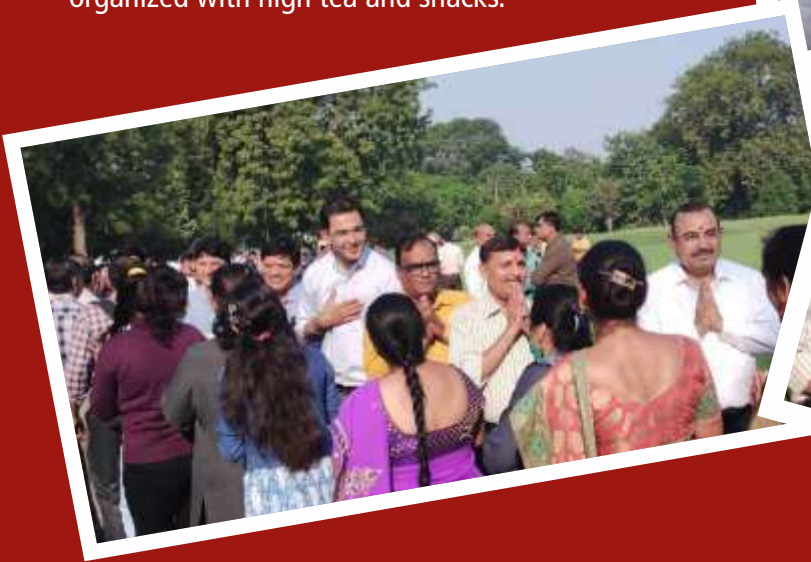
Diwali

The country-wide festival of Lights celebrated with a Cadilian touch in the Corporate Campus as well as across the various locations the organization has its manufacturing facilities. From Pharma Cadilians arriving in traditional dresses and curating them specific colorful Rangoli's to connecting over finger licking snacks this festival promoted 'Khushiyan' to every member of the Cadila family. This year Pharma Cadilians were also requested to spread 'Khushiyan' and light up the lives of the underprivileged by offering donation, as per their wish, among the needy.



Gujarati New Year

An important day for the Indian business community, Gujarati New Year was celebrated at the Corporate Campus, the day after Diwali with immense joy, happiness and enthusiasm. For the Indian business community, this day marks the start of a new accounting year when previous year's books of accounts are closed and new financial year is welcomed with a prayer. Pharma Cadilians, who are the heart of this organization are welcomed and greeted by the Board of Directors and a small get together was organized with high tea and snacks.



Karwa Chauth

A ritual practiced by Indian wives for the longevity of their husband. The festival with its prevalence primarily in the northern part of India was celebrated at our manufacturing facility located in Jammu. In view of the importance attached by women towards this occasion, women employees were provided with Bangle kit, a key element used in the celebration of this occasion.



Birthday's of Pharma Cadilians

Employees make an organization grow and prosper and every employee is important at Cadila Pharmaceuticals. In view of this, birthday's of Pharma Cadilians is celebrated with revelry. Birthday of Pharma Cadilians day is not only made special by wishes from the team members but they are also made to cut a cake. Later employees are treated with high tea and snacks by the organization.





Aarambh (The Beginning)



Incumbent's work at Cadila Pharmaceuticals becomes more relatable and easier once he/she has basic understanding of the various processes, divisions in the organization and its departments. Taking this thought ahead, the HRBP team at Cadila Pharmaceuticals organizes the Aarambh program among the new joiners who has spent some days/ a month in the system. The interactive Aarambh program communicates with Pharma Cadilians the finer details of the organization in greater detail, information of the various internal divisions, the overall organizational structure etc. Various activities/ games and reward which are inbuilt in the overall structure of the program makes it interactive and interesting among the new joiners.



Care and Concern

Corporate Social Responsibility (CSR)

Societal good is an integral part in the ecosystem of Cadila Pharmaceuticals since its inception in 1951. We are responsible towards the up-liftment of the society we are operate in. In view of this, the House of Cadila lays special emphasis towards Corporate Social Responsibility (CSR) and organizes multiple social activities in scale.



Medical Check Up

Cadila Pharmaceuticals in association with Indrashil Kaka-Ba and Kala-Budh Public Charitable Trust organized Free Medical Check Up for the villagers residing in Rakh Amb Talli and the nearby 5 (five) villages located in the Indian state of Jammu & Kashmir. The camp was a resounding success with more than 400 villagers participating in health check-up and availing free medicines. The camp was facilitated with the participation of leading Orthopaedic doctors, ENT specialists, Ophthalmologists, Gynaecologists, and general disease specialists.

Apart from the CSR projects which Cadila Pharmaceuticals regularly undertakes and monitors across 21 (twenty-one) villages in India, the organization also offered livelihood to more than 500 youths at the manufacturing facility located at Samba, in the Indian state of Jammu & Kashmir



Swachhta Abhiyan

Students across various disciplines (more than 200) from Indrashil University in conjunction with employees from Cadila Pharmaceuticals participated in Swachhta Abhiyan of a school located at Untva village, Kadi. The objective of undertaking the Swachhta Abhiyan activity was to instill a sense of responsibility towards the society among the young minds.

Donation of Dialysis Units

Pushpagiri Hospital, Gudalur, Tamil Nadu which was inaugurated in the presence of Dr. Bharat Champaneria, Trustee at Indrashil Kaka-Ba and Kala Budh Public Charitable Trust and Chief Coordinator, Kaka-Ba Hospital along with the local leaders received 2 (two) additional Dialysis Units as a donation from Cadila Pharmaceuticals.

Upon receiving the additional Dialysis Units, Sister Christina, Head of the Hospital quoted

“Our hospital was overburdened with Kidney patients, this support from the House of Cadila shall help us in catering to a large number of patients and offer Care, which is also one of the core principles of Cadila Pharmaceuticals”.



Care and Concern

Corporate Social Responsibility (CSR)

Free Eye Check Up



Cadila Pharmaceuticals along with Rousdonmullai Tea Estate in association with Arvind Eye and Kinder Trust organized Free Eye Check Up for a Govt. Higher Secondary School at Devala, Tamil Nadu. A total of 339 students had their eye examined of which 9 students were diagnosed with eye ailments. The nine students shall be provided with necessary treatments to cure their eye problems.



Mass Deworming Drive

Making agriculture change with time by adopting modern practices and better animal husbandry has always been the cornerstone of Cadila Pharmaceuticals CSR program. In view of this, the pharma giant in association with Govt. Veterinary Dept., carried out a mass deworming drive in seven adopted villages of Dholka and Hasnot blocks. A door to door drive, helped in reaching to maximum livestock with covering 5000 animals. For starters, deworming helps in improving the milk yield, the food conversion ratio, weight gain and the overall health of the animal leading to extra income for farmers.

Facilitation towards Smart Learning

Smart Classes facilitating Smart Learning for students has become the order of the day. In an endeavor to help schools change with time, Cadila Pharmaceuticals, through Indrashil Kaka-Ba and Kala-Budh Public Charitable Trust offered 50 Smart TV sets in 25 schools across 21 villages of Gujarat, Jammu & Kashmir and Tamil Nadu. This generous support from Cadila Pharmaceuticals helped in touching the lives of more than 1000 students who can now experience smart learning, both online and offline.

Anemia Awareness & Drive

Indrashil Kaka-Ba and Kala-Budh Public Charitable Trust along with Sheth VS School of Nursing in association with Kasindra Primary Health Center organized an Anemia Awareness & Drive for the villages residing in Bhat, Kasindra and Mota Chappra. The drive saw more than 5000 villagers being screened and individuals having iron deficiency were offered with free iron supplement. The drive culminated with more than 100 students from Sheth VS School of Nursing being felicitated for their invaluable contribution towards the awareness drive.

Soul Mantra

Dhwajaroohan at Byet Dwarka in Shri I A Modi Sir's Divine Memory

On December 1st, a Dhwajaroohan (flag hoisting) and puja ceremony was held at the Byet Dwarka temple to commemorate the Kailash gaman of our Founder Chairman Shri I A Modi Sir.



Dhwaja on the temple top is a highly auspicious, sacred, celestial ritual where its Sun and Moon symbolize Shri Krishna and that the name, fame, and existence of Dwarkadhish (King of Dwarka) will last as long as the Sun and Moon exist in this universe. Cadila Pharmaceuticals family performs puja and dhwajaroohan every year to seek Lord Krishna's blessings.

Amaru Amdavad

Welcome to Ahmedabad, located on the banks of Sabarmati river, is one of the fastest growing cities of Gujarat. 'Know your city' section is for all those new Cadilians who are the new residents. Let's learn about this colourful, historic & foodaholic city called Ahmedabad.

Places to visit in Ahmedabad

Gandhi Ashram:

Also called as Sabarmati Ashram, this was home of the father of our nation, Mahatma Gandhi from 1917 – 1930. Mythologically it is believed that this was the ashram site of Dadhichi Rishi. Originally called as The Satyagrah Ashram & served as main center for Indian freedom struggle.

Sites to visit in the ashram:

Hriday kunj: the house where Gandhiji & Kasturba used to live.

Vinoba-Mira Kutir: where Vinoba Bhave used to stay

Nandini: Poet Rabindranath Tagore, Pandit Jawaharlal Nehru, Babu Rajendra Prasad and many other freedom fighters used to visit here.

Gandhi Memorial Museum: it is a collective of paintings & Gandhiji's life messages.

To learn more visit: <https://gandhiashramsabarmati.org/en/>



Know Your City

Our City Ahmedabad



Heritage Ahmedabad – on a Heritage Walk:

Get mesmerized with this rich heritage architectural side of old city of Ahmedabad. On this 2.5 hours heritage walk witness the foremost heritage assets from the Indo-Islamic era. Besides monuments, get acquainted to the precincts – Pols & learn the traditional way of living from the medieval period.

Learn more about the route map here:

https://ahmedabadcity.gov.in/portal/jsp/Static_pages/heritage_walk.jsp



Weekend getaways near Ahmedabad:

Thol Lake:

Thol lake is home to over 150 bird species. It is one of the most popular bird spotting area in Gujarat. Apart from birds, you can also spot black bucks, jackals and blue bulls in the vicinity. Migratory birds like flamingos, great white pelicans, mallards, geese, sarus cranes and many other birds make the sanctuary their home in the winters.

- **Distance from Ahmedabad: 27 km**
- **Best time to visit: October to February**

Nalsarovar:

The wetland bird sanctuary at Nalsarovar is regarded as one of the biggest in the nation and the largest in Gujarat. It is home to about 250 bird species, including rare migratory birds that fly from as far away as Siberia during the winter. The refuge provides for a restful weekend with its strange vistas of the natural world and close encounters with the bird population. Flamingos are a particular highlight of this location.

- **Distance from Ahmedabad: 65 km**
- **Best time to visit: October to February**

Modhera Temple:

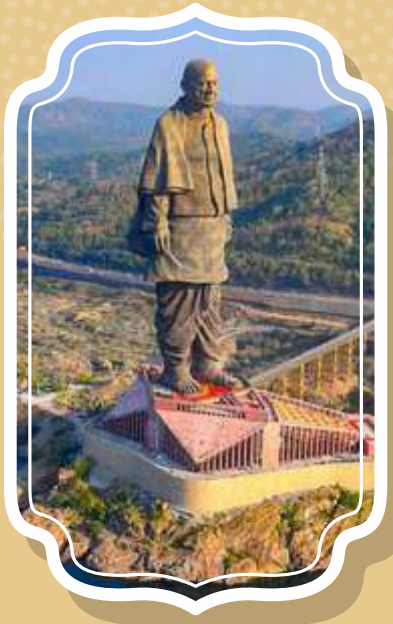
Popularly known as Sun temple, the compund is an example of architectural brilliance and is favorite with photographers and history lovers. Constructed entirely in stone, the temple has ruins of the five elements. A great time to visit Modhera is during the Modhera Dance Festival (21 – 22 Jan 2023) which brings tourists from all over the world.

- **Distance from Ahmedabad: 100 km**
- **Best time to visit: October to March**



Know Your Surroundings

Weekend Gateways



Statue of Unity:

Statue of Unity is the world's tallest monument built on Sardar Sarovar Dam (Narmada river dam). It reminds the world of the towering personality of Sardar Vallabhbhai Patel, who played an important role in India's freedom struggle & India's integration as a united country. This place offers a plethora of things to do: theme based gardens, eco-tourism, adventurous activities, good food to relish & much more.

- **Distance from Ahmedabad: 200 km**
- **Best time to visit: throughout the year**

Learn more about this place: <https://statueofunity.in/>

Mount Abu:

Located in the laps of Aravalli mountain ranges, this hill station is a perfect weekend getaway for those who love unfolding roads. Visit Dilwara temple which is almost a 1000 years old Jain temple, climb the toad rock, swing along the wind in paragliding or have a calm boating experience, the place offers things to do.

- **Distance from Ahmedabad: 229 km**
- **Best time to visit: November to June**



Akshardham

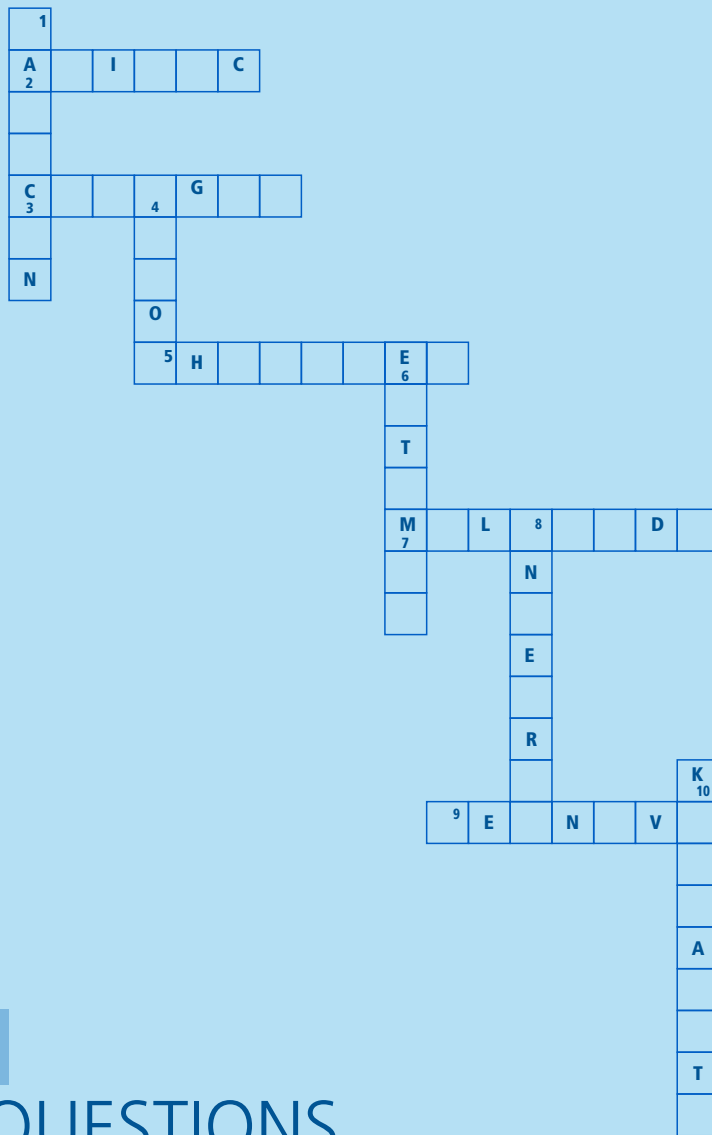
Ornately carved this is a temple of God Swaminarayan located in Gandhinagar the capital city of Gujarat. A lot of worshipers visit this temple's each year. It has about 200 idols of God. The temple architecture will for sure give a mesmerizing view. Also, you can enjoy water show in the evening at this place (Visit to have an overview of this show: <https://akshardham.com/gujarat/explore/water-show/>)



- **Distance from Ahmedabad: 30 km approx**
- **Best time to visit: Throughout the year**

UPCOMING EVENTS

- BSafal Marathon – 29th Jan 23
- Mirchi Neon Run – 21st Jan 23
- Rann utsav – 7th Jan 23 onwards
- A love affair with Darshan Raval (live concert) – 12th Feb 23
- Pink Night Run – 21st Feb 23



QUESTIONS

- 1 A unique conclave that brings some of the best minds from medical & healthcare fraternity to showcase the latest innovations in Life Sciences space.
- 2 This product has won the Brand of the Year for marketing excellence and first runner up Award at the prestigious AWACS Pharmarack Awards.
- 3 A diversified Agri-business company providing Tissue Culture, Potato Tubers and Organic Agro Inputs like Bio-Fertilizers, Bio-Pesticides, Bio- Fungicides and Botanicals.
- 4 This town in United Kingdom (UK) houses Cadila's Europe office
- 5 First in the world, three dose vaccine for Rabies
- 6 An Antacid that reduces acidity in your stomach and is used for the treatment of ulcers, acid reflux disease and to eradicate a bacteria called H.Pylori to reduce the risk of intestinal ulcers
- 7 This hamlet town will see Cadila invest Rs. 100 Cr to set up its next pharmaceuticals formulations manufacturing facility in Odisha.
- 8 One of our core values on being reliable and adhering to principles
- 9 Which division of Cadila Pharmaceuticals provides innovative solutions for comprehensive livestock care?
- 10 Established in 1981, the aim of this division is to supply differentiated and customized machinery to the pharmaceutical industry through innovative thinking and quality assurance



cadillogue

October 2022 - December 2022 • Volume 98

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This in-house magazine of Cadila Pharmaceuticals Ltd. is for internal circulation only.

Published by

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